

INFORMATION FOR POST-SEDATION CARE-GIVERS

- 1. Patient cannot drive for 24 hours following sedation administration.**
2. Do not operate any hazardous machinery or devices for 24 hours.
- 3. A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation. (Approximately 2-6 hours depending on the individual).**
4. Patient should not go up and down stairs unattended. Let the patient stay on the ground floor until recovered from the sedation.
5. Patient can eat whenever and whatever he/she wants.
- 6. Patient needs to drink plenty of fluids as soon as possible, once home.**
- 7. Patient may sleep for a long time or he/she may be quite alert upon leaving the office. Attend to both alert and sleepy patients the same. DON'T TRUST HIM/HER ALONE.**
8. Always hold the patient's arm when walking until you are sure they are steady on their feet.
9. Call us if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.
10. Patient should not carry, sleep next to or be left alone with the elderly or young children for a period of no less than 24 hours after the last dosage of medication.
- 11. Drive directly home, and call the office when you arrive and the patient is safe and comfortable.**
- 12. For patients having teeth extracted-apply ice to the area of the extraction x 10 minutes every hour for at least the first 12 hours. Ideal is for the first 24 to 36 hours.**

Following most surgical procedures there may or may not be pain, depending on your individual pain threshold. You will be provided with medication for discomfort that is appropriate for your individual case. In most cases, **a non-narcotic regiment will be given consisting of: Acetaminophen (Tylenol) 325mg. tablets x 2 and Ibuprofen (Advil) 200mg tablets x 2. These four (4) tablets may be taken together every 4-6 hours as needed.** This regiment is as effective for pain management as narcotics but without the associated side effects. If a narcotic has been prescribed, follow the directions carefully. If you have any questions about these medications interacting with other medications you are presently taking, **please call our office first, your physician and/or your pharmacist.**